



NEWS RELEASE

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GIRLS INC. OF SAN ANTONIO TO HOST A COMMUNICATIONS WORKSHOP FOR GIRLS AND PARENTS

Girls Inc. of San Antonio will be hosting an informative HIV and substance abuse workshop for girls and their caregivers to open the lines of communication among parents and girls ages 9-14.

Girls Inc. recognizes the serious challenges in developing from girlhood to womanhood, including issues around sexuality, HIV and substance abuse. HIV is an important topic in today's world and a topic rarely discussed in minority households. HIV has become a discerning health issue for many young women, primarily ethnic minority women. For these reasons, Girls Inc. will be facilitating this workshop to provide girls a safe and comfortable environment to learn and discuss these taboo and difficult topics.

The HIV and Substance Abuse Workshop will be held on Saturday, March 20, 2010 from 8:00 AM–5:00 PM at the Girls Inc. of San Antonio headquarters on 1209 S. St. Mary's Street, the event is free. For more information about registration, contact Zelina Cruz at zcruz@chshel.org or 210.212.2517

About Girls Inc. of San Antonio

Girls Inc. of San Antonio is an affiliate of Girls Incorporated, a national organization that "inspires all girls to be STRONG, SMART, and BOLD." To do this Girls Inc. delivers nationally researched and evaluated programs to girls ages 6 to 18. Programming focuses on science, math and technology, economic and media literacy, health and sexuality, individual and team sports, as well as leadership and advocacy. The programs offered are designed and proven to empower girls and increase their self-esteem.

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